



North Cumbria GP Appointments

Data published January 2026 by NHS Digital

191,000

GP APPOINTMENTS WERE OFFERED IN DECEMBER

106,000

55% OF ALL PATIENTS WERE SEEN FACE TO FACE

99,000

52% WERE SEEN WITHIN 24 HOURS OF CONTACTING THEIR PRACTICE



- Our Receptionists and Care Navigators are here to help! Please be as specific as possible when discussing your needs. **You may not always need to see a GP.**
- Patients will be offered appointments with the **right clinician at the right place and within the right timeframe** - based on **clinical urgency and need**.
- Our Practice teams are here to help, not be hurt. **Aggressive, violent or threatening behaviour towards our staff will not be tolerated #BeKind**
- Practice self-care prior to contacting NHS services for your minor illness.**
- GPs have no control over hospital waiting lists or follow up appointments.
- Tests ordered by the hospital will be followed up by the hospital.
- We are working as hard as we can **to meet your needs**.
- We are grateful for your patience and support.**

